

SOLE HOPE

CARE KIT PARTY HANDBOOK

SOLEHOPE.ORG



THANK YOU

THANK YOU FOR PARTNERING WITH SOLE HOPE. Your simple act of serving will change lives and spread HOPE in Africa.

If you are like most Americans, you have a nice home, two cars, and a closet full of shoes. Every day we go into our closets and pick out the perfect pair of shoes for our outfit of the day. We are blessed with many pairs of shoes, and there is nothing wrong with that; but, we are always reminded that somewhere in the world, at that very moment, there are children beginning their day with barely enough to wear, no clean water, and NO SHOES.

These children walk, work, and play all day in harsh conditions with no shoes on their feet. We've seen feet that are tattered and torn as they walk on rocks, through mud and on hot desert sands. These damaged feet are an entrance for many diseases and the home of many parasites.

Feet are the primary place simple infections start and a perfect home for parasites. By being educated on these parasites, washing their feet, and wearing a pair of Sole Hope shoes, children can avoid many of these conditions. But, in remote villages and slums in Africa where children have no closed toed shoes, these infections claim limbs and lives. This leads to scared and silenced hearts and voices of so many children who are the very future of Africa.

Your Care Kit Party is an amazing way to "spread the hope"! The Kits you assemble at your party will be sent to Uganda where our nurses will add soap, a wash basin and an educational booklet before distributing them to those who have been treated at Sole Hope's Outreach House. The contents of the Kits will allow these patients to continue to heal from their jigger wounds and treat any future cases of jiggers themselves.

Thank you for your partnership and heart for the mission of Sole Hope. You are helping Sole Hope make a difference in the lives of so many in Uganda!

Grateful,

THE SOLE HOPE TEAM





ABOUT SOLE HOPE

WE ARE SO EXCITED TO HAVE YOU HOSTING A SOLE HOPE CARE KIT PARTY!

This guide will provide all the information needed to host a successful party from preparations to packing up. Please read carefully through this guide in its entirety BEFORE your party.

All ages are welcome to participate! Each Kit you pack helps keep kids and families jigger-free. The Kits can be personalized by adding notes to include in each Care Kit. Please email party@solehope.org with any questions or for more ideas. Thank you for providing for the **#NextTwoFeet** and beyond!

ABOUT SOLE HOPE

In March of 2010, Asher Collie happened across a YouTube video that rocked her world. The video showed African children who were seriously infected with jiggers, small sand fleas that enter bare feet and burrow into the skin. If left untreated, jiggers, become a huge problem, leading to infections, paralysis, amputation, and in some cases, death. Asher learned that millions of children in Eastern Africa have this issue, and her heart broke. At this moment she knew she had two choices: she could call it someone else's problem or she could do something to help. From this, Sole Hope was born.

Sole Hope's mission is to build relationships with a team of Africans so that together, they can sustainably impact the problem of jiggers in their own communities. Your donations of supplies and your financial contributions are making this sustainability possible.

The momentum is building in the United States and around the world. Amazing groups of people are embracing the idea of Care Kit Parties. These parties are happening from coast to coast, and hope is being added to the lives of many souls.



**“I COULD DO
SOMETHING TO HELP
OR I COULD CALL IT
SOMEONE ELSE’S PROBLEM.”**

~Asher Collie

ABOUT JIGGERS

Jiggers come from the tiniest flea, sometimes called the sand flea. When it's time to reproduce, the female flea will attach to the nearest warm blooded mammal she can find. She just needs an available soft place to bite, and then she burrows herself in, head first. She's looking for blood.

In Africa, many soles of human feet, not covered by shoes, are seemingly a jigger's first choice. The initial bite and burrowing is actually not that painful at all, just a bit irritating. The burrowing in is not even very noticeable to the unwilling host. During the next couple of weeks, as the parasitic flea feeds off blood, the host grows a blister around her that usually causes much pain. The backside of the flea is still able to be seen. It's just a tiny dark spot in the middle of the blister. Through her "bottom" she breathes and defecates. It's all so tiny, it's almost invisible to the eye. However, those with trained eyes know exactly what it looks like and the pain it causes. The jigger's egg sack continues growing, severely damaging feet and stealing the child's ability to lead a normal life.

One female sand flea, or Chigoe Flea, can produce literally hundreds of eggs. They fall to the ground to hatch. Then, the tiny fleas look for the nearest warm blooded mammal to bite and move in. And you guessed it, they usually find the same host their parent still resides within.

One jigger removed quickly isn't a big deal. It's irritating and a bit uncomfortable, but not life threatening at all. However, one leads to many in a short amount of time. When the many attach themselves, the child begins having trouble walking because of the intense pain. After another cycle or two, which doesn't take long, the child is held to the ground because walking becomes an impossibility.

Since hundreds and thousands of eggs are now hatching on that same ground ---- the soles of the feet are not the only things now sought after by the tiny monster fleas. They don't care about the person ---- they are only looking for blood. Life giving blood.









SOLE HOPE

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